



CALM

MASSAGE

Sleep Deeply

Achieve an elevated sense of balance with this curative aromatherapy massage that restores the body for a deeper feeling of relaxation (80 or 50 minutes)

Stress Relief

Experience the difference between being relaxed and being restored with profoundly healing massage techniques drawn from the traditions of both East and West to dissolve stress and tension with warming ginger and black pepper oils (80 or 50 minutes)

FACIAL

Soothing Facial

A truly soothing and calming facial suitable for sensitive, irritated or inflamed skin, helping reduce redness, nourish, soothe and restore the skin's natural radiance (50 minutes)

EXPRESS

Relaxing Scalp Massage

Discover a deeper sense of clarity when you take a moment to simply let go (25 or 12 minutes)

Tense Shoulders

Release tension from the body and mind will follow (25 or 12 minutes)



INVIGORATE

MASSAGE

Re-Energize

Feel newly energized with a restorative massage taking the best techniques of the East and West that encourages healthy circulation and brings tired muscles back to life (80 or 50 minutes)

Jet Lag Cure

Recover from the physical and mental fatigue of travel with this profoundly curative massage with mandarin orange and juniper essential oils (80 or 50 minutes)

FACIAL

HSR

The anti-wrinkle expert; This high skin refiner treatment will smooth, plump and lift every type of wrinkle while firming and toning the skin. The result is more youthful contoured face (80 or 50 minutes)

BODY

Wild Rose Scrub

Reveal your smoothest, softest skin ever with this full body exfoliation finishing with a deeply nourishing rose oil application and personalized massage (80 or 50 minutes)

EXPRESS

Energy Boost Massage

Feel refreshingly renewed with a scalp, neck, back, and arm massage (25 or 12 minutes)

Aching Feet Respect these hard-working extremities with a refreshing and restorative massage that will revive tired feet (25 or 12 minutes)



INDULGE

MASSAGE

Clear Your Mind

Unwind and refocus your senses with this aromatherapy body, face, and scalp pressure point massage as you breathe in soothing aromas of chamomile, bitter orange, and rosemary (110 or 80 minutes)

Ultimate Aromatherapy Experience

Be truly pampered with this specialized head-to-toe aromatherapy massage that infuses acupressure, foot reflex points, and a personalized blend of powerful therapeutic essential oils (80 minutes)

The Himalayan Stone Massage

Warm indigenous basalt stones are utilized to induce deep relaxation for our guests by unlocking those tense areas of the body (75 minutes)

FACIAL

The Rose Gold Facial

Our gemstone-infused premier collagen treatment along with iced rose quartz wands infused in rose oil, will lift, firm and hydrate while smoothing fine lines (80 minutes)

Anti-Aging

Recapture a youthful complexion through a precise combination of Shi Liu Zi (Pomegranate Seed Oil), telomere technology, peptides, and plant stem cells to regenerate the skin (80 minutes)



BYJW

Collagen Infusion

Plump and densify your skin with this collagen boosting therapy. Ultra- potent hyaluronic acid and collagen plump the skin while smoothing fine lines and wrinkles. The effect of this treatment is amplified with a thermo sculpting mask to lift and reshape the facial contour (80 minutes)

EXPRESS

Rose Hydrating Hands

Give your hands and arms the love they deserve with an exquisitely nourishing and deeply restorative treatment that is long overdue (25 or 12 minutes)

RENEW

MASSAGE

Feel Revived

Awaken tired muscles with a revitalizing massage along the body's energy lines that rejuvenates both mind and body leaving you relaxed and naturally re-changed (80 or 50 minutes)

Intensive Muscle Release

Enjoy a sense of renewal for sore muscles from this intensely, powerful massage using warming ginger and cajuput oils that reaches the deeper structures of the body (80 or 50 minutes)

FACIAL

The PRO Detox & Glow

The potent vitamins and minerals will treat the skin and neutralize harmful substances that can increase visible signs of aging. The resulting detoxification and customizable peels will allow nutrient revitalization renewing the skin and maintaining youthful look (80 or 50 minutes)



BYJW

Deep Cleanse

Bring your skin back to balance with an intensive cleanse that infuses the aromatherapy benefits of tee tree and orange flower blossom leaving your skin deeply cleaned (80 or 50 minute)

For Men

Achieve a clean and bright complexion full of health and vitality with this essential male facial that is deep cleansing and brightening (50 minutes)

The Body Contour

Exfoliate, Firm, hydrate and tighten. Stubborn and newly formed areas of cellulite are visibly minimized and your skin is left smooth and supple (80 or 50 minutes)

EXPRESS

Tension Release Massage

Take a moment to renew with this massage that targets tension spots in the back, neck and shoulders. (25 or 12 minutes)

COUPLES TREATMENTS, PACKAGES & ESSENTIALS

COUPLES TREATMENTS

The Couples Ritual

Share the experience of relaxation in our private couple's suite. Start your journey with a warm foot ritual, your choice of the finest aromatherapy, customized massages side by side. Followed by 30 min of relaxation after the treatment in the exquisite private suite while enjoying a glass of sparkling wine, artisanal cheese and fruit (110 minutes)

Customized Couples Massage

Enjoy the experience of shared relaxation and well-being in our couple's suite. A customized massage enjoyed side-by-side with your special someone. Includes access to spa facilities (80 or 50 minutes)



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FOR YOU TREATMENTS

Customized Massage

Specially curated by our Registered Massage Therapist for your individual needs. Includes access to spa facilities (80 or 50 minutes)

PACKAGES

Calm Experience

Start your treatment with a Stress Relief Massage enhanced with pink Himalayan salt stones and finish with a Soothing Facial (100 minutes)

Invigorate Experience

Raise your vitality levels with a Re-Energize Massage. Get the whole body ready for new energy with a Wild Rose Body Scrub. Live the epilogue with a HSR Facial (180 minutes)

Renew Experience

Re-start your body energy with the Feel Revived massage. Remove all old energy and vibrations in our Deep Cleanse Facial. Start a new chapter with the Hand Foot & Back Revitalizer (100 minutes)

ESSENTIALS

Back Wax
Chest Wax
Eyebrow Wax
Full Arms Wax
Full Face Wax
Full Legs Wax
Half Leg Wax
Lip Wax
Underarms Wax

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ENHANCEMENTS

Enhance your spa experience no additional time needed

KNESKO Mask (Face, Neck, Lip, Eye)

Choose from: Gold, Diamond, Rose Quartz or Black pearl

The gemstone infused premier collagen masks will absorb quickly, repairing the skin while delivering superb anti-aging, lifting and firming skin care results.

Ampoule Infusion

A professional beauty ampoule treatment. With highly concentrate natural active ingredients tailored to your skin type. This intensive ampoule treatment immediately produces visible results you can see and feel.

Lip Volume Treatment

Nourish your lips with this plumping treatment. After a gentle cleanse and exfoliation followed by a signature lip volume massage your lips will be left looking plump and smooth.

Yoga Balm

Yoga balm with pure plant extracts will help to detoxify, promote new cell growth and reduce joint & muscle inflammation, as well as elevate mood. May be added to any massage.

Hand, Foot or Back Revitalizer

This invigorating scrub will exfoliate and revive skin, effectively removing dry surface skin cells. Formulated with nourishing shea and cocoa butters that will leave skin re-energized, brighter and smoother.

Dry Body Brush

Dry skin brushing is a powerful detoxification aid that stimulates your lymphatic system and help release toxins. Dry skin brushing removes dry skin cells, improving appearance and allowing your skin to breathe. May be added to any massage.



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Renewing Rose Body Butter

Experience the wonderfully conditioning and nourishing powers of rose body butter blended with sweet rose geranium oils.

Nourishing Enrich Hair Oil

Experience the deeply penetrating and conditioning powers of rich murumuru butter, coconut oil and a blend of essential oils leaving your hair smooth, sleek and revitalized.

Hot Stone Muscle Melter

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress and promote deep relaxation. May be added to any massage.

Ampoule Infusion

A professional beauty ampoule treatment. With highly concentrate natural active ingredients tailored to your skin type. This intensive ampoule treatment immediately produces visible results you can see and feel.

Paraffin Hands or Feet

With heat and hydration, an antioxidant paraffin infusion provides nutrients vital to healthy skin, protecting the skin from dryness, cracking, soreness and irritation while soothing muscle and joint pain.



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HOW TO SPA

SCHEDULING AN APPOINTMENT

To schedule an appointment for a treatment, please speak with our Spa Curator, who will be happy to help you with your selection. Hotel guests can dial the hotel operator and request Spa by JW. From outside the hotel, please call 780.784.7984. To ensure availability of your preferred time and service, we recommend making your reservation in advance. You may also book online at www.spabyjwedmonton.com

SPA ETIQUETTE

In order to ensure all of our guests enjoy a relaxing experience, please respect all guests' right to privacy and serenity. Please refrain from using a mobile device. Spa by JW is a smoke-free environment. Towels, slippers, shower cap and required amenities will be provided for use during your visit. The minimum age of 18 is required for access to the spa areas. Any guest deemed to be intoxicated will be denied access to the spa and facilities.

ARRIVAL TIME

Please arrive at least 30 minutes prior to your scheduled treatment. This will allow time to enjoy the lounge. Arriving late will limit the time for your treatment, thus decreasing its effectiveness and your enjoyment. Your service will end on time, so the next guest is not delayed. The full value of your treatment will be charged.

EXPRESS TREATMENTS

Guests who schedule appointments for Express Treatments have access to the Express Treatment Suites area only. Guests utilizing these express services may purchase a spa day pass to access all of the spa amenities for an additional \$25. Please speak with a Spa Curator for additional information.

CANCELLATION POLICY

As a courtesy to other guests, we strictly adhere to the cancellation policy. A 100% cancellation fee will be incurred for any treatment cancelled less than 6 hours prior to appointment.



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VIP VALET PARKING

Any spa service 50 minutes or longer is coupled with complimentary VIP valet parking for up to 3 hours. Should you care to extend your spa experience additional valet parking is available at an additional cost. Please note complimentary valet parking services are not included with express treatments. Our spa curator who will be happy to help you with coordinating this service with your spa reservation.

SPA GUIDELINES

To enjoy your spa experience to the fullest potential, please familiarize yourself with these Spa Guidelines. At time of reservation please inform the Spa Curator of the following:

- + Allergies or medical conditions, **including pregnancy**
- + If you have a gender preference for your Service Provider
- + If you have a request for a specific Service Provider
- + If you are celebrating any special occasions
- + Pregnancy Massage may only be performed by a registered RMT

SERVICE CHARGE

For your convenience, a 18 % service charge will be added to each spa treatment. This includes gratuities distributed to the spa staff who served you during your visit. Additional gratuities may be offered at your discretion.

THERAPEUTIC MASSAGE TREATMENTS

SPA BY JW Edmonton works with skilled, licensed and professional therapists. Registered Massage Therapists (RMTs) are available on request. Any changes and cancellations for massages must be made by phone at 780 784 7984